

Individual Coaching

Personal effectivity, leadership and career development

Fun, energy, satisfaction, that's what your job should give you, right? But what if it doesn't feel that way (anymore)? How do you find out what you need in your job and in your working environment? And how to get there?

You are used to looking at things rationally. The mind is leading. That's your default strategy. That always worked well. Until now. You are stuck. Or you feel that there is more to it. Sometimes you think

'Is this what it is? And now what? How do I go from here?'

The coaching of KLEUR! will help you to

- 🌸 reduce perfectionism and work stress
- 🌸 get more satisfaction out of your work
- 🌸 choose your own direction

How?

By putting you in touch with what you do not do by default: playing, feeling, letting go. To discover that wisdom can also be playful and intuitive. And that the result is movement, development, growth.

So on the way to unexplored territory. With a coach at your side who understands the importance of sound knowledge and information. But who also reveals what you don't know yet. And the magic of it.

The approach of KLEUR! is best described as 'evidence based intuition'. It is always uniquely tailored to you, as no two people are alike. And of course we will work with the best tools and instruments, guaranteed by the necessary certifications.

With your (new) choices and (new) behaviour in your (working) life afterwards, you will experience how you have changed for the better.

Exciting?!

As a highly educated professional, accepting that there are more truths and wisdom than just ratio can be quite a stretch. Unfolding the intuition within yourself is challenging but necessary. You won't be disappointed with the result. Rather positively surprised.

Became curious?

That's good. Then I'll see you soon. 😊



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